



QUARTER YEAR **SELFIE**

APRIL 2, 2016

PACKED AWAY

Time to pack away some things. Time to go through your mind and every single thing that is keeping you from progressing has to go into that box; then, you have to seal that box and throw it away. Because, we cannot move forward until we get rid of the extra weight.



BREAK FREE.

I know what you're thinking... No, this is a different box. This is the mental box that keeps you from doing your best work. You know, the one people say we need to think outside of... How are you going to escape this box you are currently trapped in? Not in the box? Ok, are you sure?

MOVING FORWARD

What's the plan? Having made it through the first 3 months of the year, is there anything you want to change as you enter the final 9 months. It's not too late to chart a new course.

LOOKING

Have you found love yet? How has that gone? Remember, it's a process.

THREE THINGS.

In the coming months, what are three things you want to focus in on?

IGNITING THE FIRE.

It's that fire that will lead you where you want to be. In every aspect of life, we must have a **sense of passion**. Feeling meh? What will you do to ignite the fire?



THE WATER COOLER.

Where are you professionally in 2016? Are you achieving your work goals? Are you any closer today to being where you want to be in your career?

FISCALLY FIT.

"A penny saved is a" whatever, you're not saving pennies, you're all about the dollars! Are you investing? Is the 401k increasing? What about that emergency fund? What do your finances look like right now?
